

Keto Salmon Patties

3-5oz pouches salmon or 1 lb fresh cooked salmon,
1 egg

1 cup crushed pork rinds

1/4 cup heavy cream

3 T. minced onion

1 clove garlic minced

1 Tablespoon chopped fresh dill

2 Tablespoon fresh minced parsley

1 Tablespoon Dijon mustard

2 Tablespoon lemon juice

1/4 tsp. Tabasco

salt/pepper

3/4 cup pecan meal or almond flour

1/2 cup coconut oil

1/3 cup mayo

2 Tablespoon sour cream

3 Tablespoon chopped dill pickle

1/2 tsp. minced onion

1 teaspoon capers drained and chopped

1 teaspoon stone ground mustard

1/4 – 1/2 tsp cayenne pepper optional

1 teaspoon lemon juice